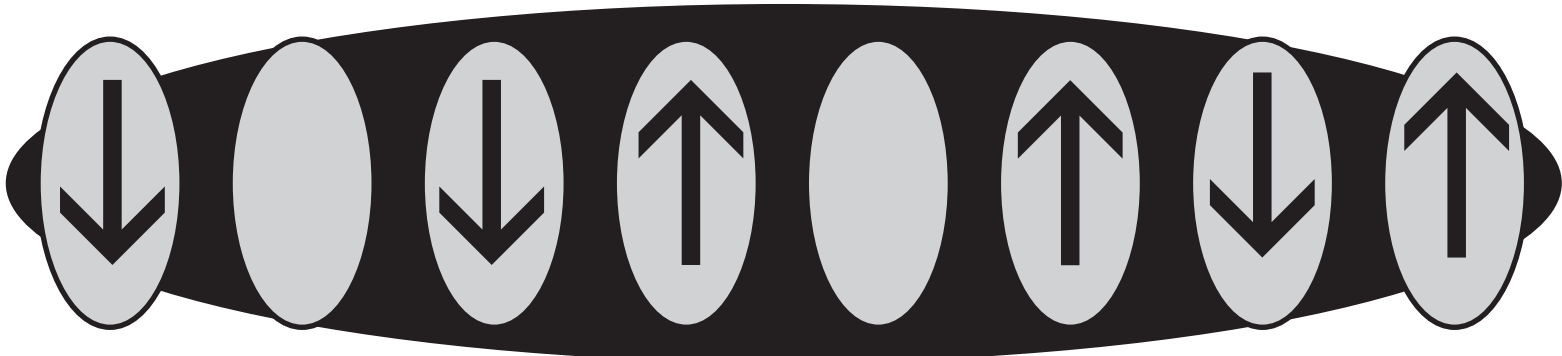


BEGINNER STRUMMING

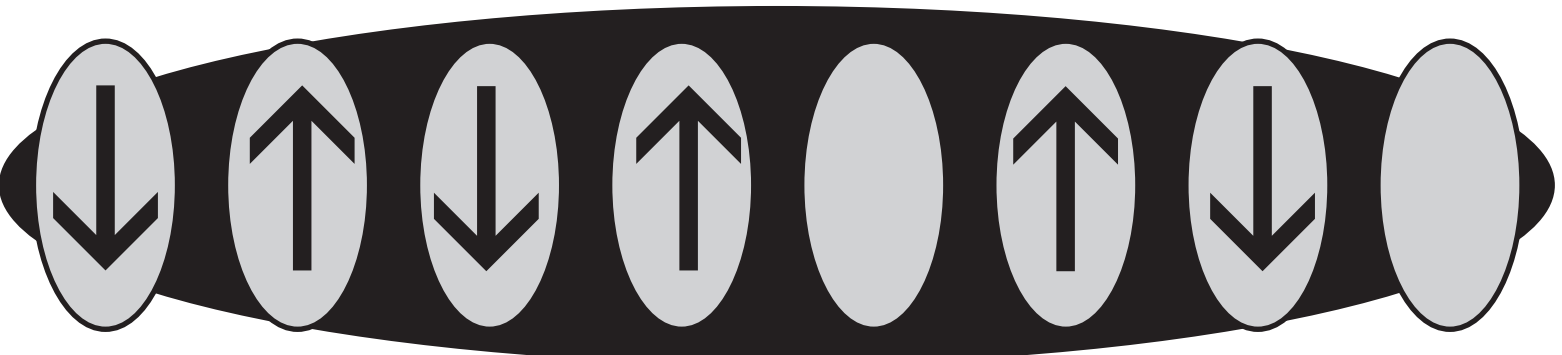
USE YOUR METRONOME OR TAP YOUR FOOT WHILE COUNTING THE BEAT, THEN TRY TO STRUM YOUR GUITAR UP AND DOWN ALONG WITH THE ARROWS. THERE ARE MANY STRUMMING PATTERNS: I AM SHOWING YOU THE MOST USEFUL PATTERNS I KNOW.



THE BEAT



PATTERN ONE



PATTERN TWO

AFTER YOU SUCCEED IN FOLLOWING THE DIRECTIONS OF THE ARROWS TRY TO:

1. STRUM EXTRA HARD FOR THE FIRST DOWN (ON 1)
2. PLAY IT 4 OR MORE TIMES IN A ROW
3. CHANGE WHICH CHORD YOU ARE PLAYING AFTER EACH TIME YOU PLAY THE PATTERN

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